



Jentle Yoga Announcement

Jentle Wellness and Mt. Morris Camp & Convention Center

Partner to offer a

3-Month Jentle Yoga Program

- March 5—May 31
- 9:00—10:00 am
 - Mondays
 - Tuesdays
 - Thursdays
- 6:45—7:45 pm
 - Tuesdays

Pricing & Full Program Details available at

<http://jentleworld.com/>

Recent Testimonial

“Thank you again for having the yoga class. Before this, I didn’t know how well a person can feel after yoga. I find that I am standing up straighter, holding my abs in more and breathing better besides just feeling all around better! I like some of the things you say in class, like open your heart up, etc.”



Reservations & Information: 888-mt-morris

Located in the beautiful Arrowhead Building at Mt. Morris Camp & Convention Center



Jennifer Culver

(920) 570-1704

jennifer@jentlewellness.com

<http://jentleworld.com/>

